

October lunch menu 2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| | | | | |
|---|--|--|--|--|
| <p>beef hot dogs On wheat bun Glazed carrots Mixed fruit cup</p> | <p>Chicken quesadilla Spanish rice Vegetable medley Wheat bread Apple sauce cups</p> | <p>Salisbury steak Broccoli Mashed potatoes Wheat bread Mixed fruit cup</p> | <p>Chicken patty on wheat bun Green beans Baked fries Apple slices</p> | <p>Hamburger on wheat bun Salad w/spinach Mixed fruit cup LATE START</p> |
| <p>beef hot dogs on wheat bun Glazed carrots Mixed fruit cups</p> | <p>Chicken quesadilla Spanish rice Vegetable medley Wheat bread apple sauce cups</p> | <p>Salisbury steak Broccoli Mashed potatoes Wheat bread Mixed fruit cup</p> | <p>Chicken patty on wheat bun green beans baked fries apple slices</p> | <p>Hamburger on wheat bun Salad w/spinach Mixed fruit cup</p> |
| <p>Beef hot dog on wheat bun glazed carrots mixed fruit cup</p> | <p>Chicken quesadilla Spanish rice Vegetable medley Wheat bread Apple sauce cups</p> | <p>Salisbury steak Broccoli Mashed potatoes Wheat bread Mixed fruit cup</p> | <p>Chicken patty On wheat bun Green beans Baked fries Apple slices</p> | <p>Hamburger on wheat bun salad w/spinach mixed fruit cup</p> |
| <p>Beef hot dogs On wheat bun Glazed carrots Mixed fruit cup</p> | <p>Chicken quesadilla Spanish rice Vegetable medley Apple sauce cups</p> | <p>Salisbury steak Broccoli Mashed potatoes Wheat bread Mixed fruit cups</p> | <p>Chicken patty On wheat bun Baked fries Apple slices</p> | <p>Hamburger on wheat bun salad w/spinach mixed fruit cup</p> |
| <p>This institution is a equal opportunity provider</p> | | | | <p>All lunch meals will e served with skim chocolate and white milk</p> |
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